

PULSE SURVEY - STATS

	2023				2024		
	Sept	Oct	Nov	Dec	Jan	Feb	Mar
Number of Responses	86	105	79	63	116	73	69
Which feeling best describes your mood today?							
Hopeful	11%	11%	5%	9%	6%	8%	6%
Happy	14%	14%	22%	8%	12%	14%	16%
Positive	22%	22%	15%	21%	19%	19%	22%
Worried	1%	4%	4%	8%	8%	8%	12%
Low	8%	12%	15%	17%	15%	8%	7%
Overweimed	21%	16%	11%	16%	14%	27%	17%
Frustrated	11%	11%	23%	14%	16%	10%	13%
Not sure	8%	3%	5%	5%	8%	6%	7%
Other	2%	3%	0%	0%	0%	0%	0%
Blanks	2%	4%	0%	2%	2%	0%	0%
On average, how have you been feeling over the last month?							
I don't feel good right now	8%	7%	9%	9%	13%	15%	12%
I have mixed emotions I feel up and down	31%	24%	35%	46%	39%	26%	23%
I worry a lot	4%	8%	4%	3%	4%	10%	19%
I'm good and feeling positive	17%	26%	15%	13%	17%	20%	20%
I'm ok and feeling hopeful	26%	20%	23%	16%	14%	14%	14%
I'm ok, but I feel concerned	13%	14%	14%	13%	12%	14%	12%
Blanks	1%	1%	0%	0%	1%	1%	0%

PULSE SURVEY - STATS

	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	
Number of Responses	49	89	91	99	80	151		110	
						Question 1 covered by the Wellbeing Survey	Survey not undertaken (Pulse being re-evaluated)		
Which feeling best describes your mood today?									
Hopeful	6%	8%	10%	10%	7%				10%
Happy	20%	15%	16%	12%	23%				18%
Positive	19%	24%	20%	19%	13%				18%
Worried	14%	3%	8%	6%	8%				10%
Low	8%	11%	15%	9%	15%				11%
Overwhelmed	14%	13%	11%	18%	16%				14%
Frustrated	17%	21%	14%	18%	10%				12%
Not sure	2%	5%	6%	4%	6%				6%
Other	0%	0%	0%	0%	0%				0%
Blanks	0%	0%	0%	3%	2%				0%
On average, how have you been feeling over the last month?									
I don't feel good right now	10%	9%	7%	15%	10%	10%		13%	
I have mixed emotions I feel up and down	21%	28%	32%	31%	26%	19%		21%	
I worry a lot	6%	9%	8%	9%	8%	6%		9%	
I'm good and feeling positive	20%	16%	20%	13%	20%	24%		22%	
I'm ok and feeling hopeful	23%	29%	18%	18%	20%	24%		21%	
I'm ok, but I feel concerned	20%	8%	14%	12%	16%	16%		13%	
Blanks	0%	1%	1%	1%	0%	1%		1%	